

Rewards

The more you do, the more you earn.

It's easy to earn rewards by making healthy decisions – the more you make, the more you earn. Here's how to progress through the levels each quarter.

Professionals and spouses/domestic partners with a company medical plan can earn up to \$400 in 2020.

Professionals who are not enrolled in a company medical plan can earn up to \$200 in 2020.

Ways to earn points:

	Do healthy things		Earn points
Daily	Upload steps from your activity tracker (Max Buzz, Fitbit, Virgin Pulse Mobile App)	per 1,000 steps	10
	Do your daily cards		20
	Track your Healthy Habits		10
Monthly	Win the promoted Healthy Habit Challenge		200
	Take 7,000 steps	20 days	400
Quarterly	Join the company challenge		100
	Choose your eating type		250
	Choose your sleep profile		250
Yearly	Set a well-being goal		200
	Tobacco-Free Agreement		250
	Complete the Health Assessment		1,000

Visit the Virgin Pulse portal *Rewards* section for the full list of *How to Earn* incentive points.

Not a member yet?

Don't miss out on all the fun! Get the mobile app or go to join.virginpulse.com/bv.



live well. be well.



What you can earn:

What you can earn: 1 April - 30 June, 2020 and 1 July - 30 September, 2020

Points	Level 1 1,000	Level 2 5,000	Level 3 12,000	Level 4 20,000	Total 20,000
Rewards for U.S. Professional or Spouse/DP Insured with HSA	\$10 HSA Contribution	\$20 HSA Contribution	\$30 HSA Contribution	\$40 HSA Contribution	\$100 HSA Contribution per quarter maximum and \$100 HSA Contribution Action Reward for completing first biometric screening
Rewards for U.S. Professional or Spouse/DP Insured without HSA	\$10 Payroll Contribution	\$20 Payroll Contribution	\$30 Payroll Contribution	\$40 Payroll Contribution	\$100 Payroll Contribution per quarter maximum and \$100 Payroll Contribution Action Reward for completing first biometric screening
Rewards for U.S. Professional who waived insurance	\$5 Payroll Contribution	\$10 Payroll Contribution	\$15 Payroll Contribution	\$20 Payroll Contribution	\$50 Payroll Contribution per quarter maximum and \$50 Payroll Contribution earned for first completion of the Health Assessment

What you can earn: 1 October - 30 November, 2020 (shorter game with lower points)

Points	Level 1 1,000	Level 2 5,000	Level 3 10,000	Level 4 15,000	Total 15,000
Rewards for U.S. Professional or Spouse/DP Insured with HSA	\$10 HSA Contribution	\$20 HSA Contribution	\$30 HSA Contribution	\$40 HSA Contribution	\$100 HSA Contribution per quarter maximum and \$100 HSA Contribution Action Reward for completing first biometric screening
Rewards for U.S. Professional or Spouse/DP Insured without HSA	\$10 Payroll Contribution	\$20 Payroll Contribution	\$30 Payroll Contribution	\$40 Payroll Contribution	\$100 Payroll Contribution per quarter maximum and \$100 Payroll Contribution Action Reward for completing first biometric screening
Rewards for U.S. Professional who waived insurance	\$5 Payroll Contribution	\$10 Payroll Contribution	\$15 Payroll Contribution	\$20 Payroll Contribution	\$50 Payroll Contribution per quarter maximum and \$50 Payroll Contribution earned for first completion of the Health Assessment

What everyone can earn: 1 - 31 December, 2020

Points	Level 1 1,000	Level 2 5,000	Level 3 10,000	Level 4 15,000	Total 15,000
Rewards	1 Raffle Entry	5 Raffle Entries	10 Raffle Entries	15 Raffle Entries	Up to 31 Raffle Entries will be entered in a December prize drawing.

To receive incentives via HSA, professionals must be employed and enrolled in a company HSA at the time incentives are awarded. Spouses/domestic partners must be actively enrolled in a company medical plan at the time incentives are awarded for the professional to receive the incentives. Professionals are not required to be actively enrolled in a company medical plan to participate in the Well-being Program. However, they must be employed and not enrolled in a company HSA at the time incentives are awarded to receive incentives via paycheck.

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